

Determining which level you should be playing at.

C- Level

The C level player is an advanced novice who has some knowledge of the passing shot, the kill shot, and a few serves. He or she attempts to employ strategy on occasion but is seldom consistent in using strategy. The C Player kills inconsistently, hits fairly good passing shots, is beginning to perfect one good serve, and does not follow the ball with his body as often as the novice. Some low shots, as a result of bending the body properly, are evident. The C player is developing an understanding of strategy and center court importance and can sometimes put these into play. However, patience is still lacking, and the ball is played high too often. The C-player is beginning to understand rebounding and angles in the court; in addition, he is learning to hit the ball hard but seldom with control of power shots. The C-player can employ ceiling shots with some effectiveness, and the high-level C-player can kill the ball fairly well on the forehand shot when positioned in center court or front court.

B-Level

He or She is beginning to look like a racquetball player. The B-player uses a lethal kill shot on the forehand fairly consistently. The passing shot is effective, and the ceiling shot is well played, especially on defense. The B-player understands strategy and uses it about 75% of the time although correct use of strategy remains inconsistent. Although the importance of center court is understood, and the B-player understands and can react to most angles and rebounds on the court. The backhand is consistent but only occasionally used as an offensive weapon. The B-player keeps the ball lower more consistently than the C-player but still hits some high shots by mistake. The B-player possesses one excellent serve and two or three other less effective serves. Patience is developing at the B-level, and this player hits many shots with power and is consistent with more than half of them.

A-Level

When you reach the A-division, you are talking about the well-rounded player. The A-player may lack total consistency and may not be able to use all of the minor shots in his game as part of an effective offense. But the A-player is very patient and keeps the ball low, and his or her kill shots are lethal on both forehand and backhand strokes. In addition, passing shots are effective from all areas of the court and are a consistent part of the offensive game. Ceiling shots are employed effectively for both offense and defense. Strategy is used effectively most of the time, and short mental lapses occur rarely. Center court position is constantly strived for and maintained whenever possible. The A-player hits the ball with power and authority on all strokes and possesses a wide variety of effective serves. The A-player demonstrates mastery of all basic skills on all strokes.