AUTISM MOVEMENT THERAPY

ONEIDA FAMILY YMCA

Through cognitive re-mapping, Joanne Lara’s successful Autism Movement Therapy® is an interhemispheric SENSORY INTEGRATION technique incorporating movement and music in collaboration with Positive Behavior Support (PBS) strategies to assist individuals with Autism Spectrum Disorders (ASD) in meeting and achieving their speech and language, social and academic IEP and ISP goals. This class helps both sides of the brain connect and work together typically improving language.

Meet Our Instructor
Mikayla Manner, Autism Inclusion Specialist
SUNY Cortland Graduate, 2016
(315) 941-3204 (cell)
mikayla.manner@cortland.edu

Testimonial
“We love the program! One little boy started the program at the end of June, he never spoke a word and would stand in the corner. Last class he actually sat and did circle time and said his name. His mom was in tears, she had only heard him say mom and dad. I can not thank Joanne enough for creating such a fantastic program. The kids love the class and I love seeing them improve every class!”
- Erica Matthews, Director The Autism & Movement Project–AMT Subhead

Sundays
March 5th—April 16th
Registration February 13th—February 26th

Ages 5–10
1:00—2:00PM
Ages 11—18
2:00—3:00PM
Members $40
Non-Members $60

*Maximum of 6 participants each class

Private Sessions* Available By Appointment

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<th>Duration</th>
<th>Members</th>
<th>Non-Members</th>
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<td>45 Minute</td>
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<tr>
<td>60 Minute</td>
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Oneida Family YMCA
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315.363.7788
ymcatrivalley.org